

Advertorial

Savour the flavours of Poland

UNIQUE FOOD ATTITUDES

697 Dundas Street, London, Ontario
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Online: unique-food-attitudes.com

"A trip to flavour town!" That's an apt description of Unique Food Attitudes. Living up to its name, where else in the city can you devour dill pickle soup, supersized cabbage rolls, sauerkraut pierogis or bigos (a sauerkraut, mushroom and meat stew)?

Recently celebrating six years of business at the present location, Barbara Czyn is proud of bringing the robust flavours of her native Poland to the Forest City.

"I just love cooking and baking," enthuses Czyn. "I love the comments people make about how much they enjoy eating the food we offer at the restaurant."

Emigrating from Poland to London in 1990, Czyn and her husband, Jarek, wanted "a better future for [their] children," Matt and Patrycja, who were five and three respectively when they made the move.

In 2010, Czyn purchased the building at 697 Dundas Street. An ambitious renovation was undertaken to shape the building into her vision of a cozy, inviting interior with upscale furnishings.

Her chosen location is convenient for those seeking a delicious lunch in the middle of a busy work day: close to down-

town. Unique Food Attitudes is also an important fixture in the city's entertainment district being across the street from the Palace Theatre and down the road from Aeolian Hall for those who want to start the evening with a savoury supper.

With three upscale apartment towers as new neighbours and Old East Village experiencing a renaissance, Czyn is expecting the already busy bistro to become even more popular.

Artem Serikov, a business account manager with Royal Bank, who has worked with her for the last five years, has nominated Czyn for the RBC Canadian Women Entrepreneur Awards for 2018.

"I think Barbara is a fantastic entrepreneur. I have watched her overcome struggles while providing the best service to customers," says Serikov. "This award recognizes women entrepreneurs who make a difference in the community and have reached business success. She's just a wonderful person to work with."

To ensure that the restaurant's dishes stay true to her Polish roots, Czyn makes frequent visits to see family there and stays in touch with her mom for cooking advice and her sister for new cake recipes. "My sister is a baking genius," she chuckles.

Czyn surrounds herself with help from her family, including son Matt. He came to work with her five years ago managing the front of house. He's often the friendly face customers see behind the front counter taking and delivering orders.

Part of that business has been taking care of the cafeteria at Trojan Technologies for the past 12 years. According to Jona Thier, executive assistant to the president, "They do just an amazing job and the food is always delicious and the best quality."

Whether enjoying lunch at the Trojan Technologies cafeteria, dinner before a play at the Unique Food Attitudes or appetizers at an event catered by Barbara Czyn and her crew, you'll be assured of a trip to flavour town every time.

